



ASCLS is excited to introduce the ASCLS Voices Under 40, a spotlight of talented and committed young professionals under 40 years old. The ASCLS Voices Under 40 has been developed to honor ASCLS members who have shown exceptional commitment to ASCLS, the laboratory profession, and their community at large at a young age in their professional years. This year, ASCLS is proud to honor and acknowledge the efforts of Mindy Ingalls, MLS(ASCP)<sup>CM</sup>, PBT(NHA)<sup>CM</sup>, from Colorado.

Mindy is currently working as a medical laboratory scientist in the Microbiology Department at Porter Hospital in Colorado, AdventHealth's hub for all microbiology tests in the Rocky Mountain Region. As a first-generation college graduate, Mindy is proud to reflect on the accomplishments she has made during her university education, which was disrupted by the COVID-19 pandemic.

Shortly after joining the MLS program at Denver Health, Mindy immediately became involved in ASCLS. She joined ASCLS-Colorado as the Developing Professional (DP) representative in April of 2024. With this position, Mindy sought to fill open board positions, update the ASCLS-CO website, reactivate the Facebook page, establish an Instagram page, organize monthly social events, and design t-shirts to enhance laboratory visibility. To her surprise, Mindy was able to accomplish these six tasks within the first year of her involvement. Additionally, Mindy has presented the "ABCs of the FDA and LDTs" for ASCLS-CO's fall seminar. Mindy has made great strides in planning the Clinical Laboratory Collaborative Conference, hosted by ASCLS-Wyoming and ASCLS-CO, as the registration chair and student poster chair.

On the national level, Mindy has been involved in moderating the "Mentorship: The Benefits of Connection and Leadership" Ask Me Anything in November of 2024 and published a blog titled, "Feelings from a New Grad", which highlighted the transition between a DP to an Ascending Professional in April of 2025. At the ASCLS 2024 Joint Annual Meeting (JAM) in Pittsburgh, Mindy was elected as the Developing



Professionals Forum (DPF) vice chair, a role she has wholeheartedly embraced. For the 2025 JAM, Mindy designed stickers for the DPF.

Mindy is involved in ASCLS because of its "rewarding feeling to get to meet its members, receive a wealth of information and connections, and be able to give back to that same community." Mindy continues to explain her enjoyment of being involved with ASCLS at the state, regional, and national levels, for she explains that she has "gotten so much out of the Society" and that she would like "to pay it forward and be the resource that so many others have been for me."

Congratulations, Mindy, for being an inspiration to us all. After being involved in the laboratory field for less than a year, her immediate dedication to excellence and progress at such an early stage of her career is an inspiration to us all.