ASCLS is excited to introduce the ASCLS Voices Under 40, a monthly recognition of one of our many, talented and committed young professionals under 40 years old. The ASCLS Voices Spotlight has been developed to honor ASCLS members who have shown exceptional commitment to ASCLS, the laboratory profession, and their community at large at a younger age in their professional career. Each month we spotlight one of the Shining Voices who were selected from many nominations across the country.

Meet Constantine Kanakis, MD, MSc, MLS(ASCP) from Chicago, IL.

Constantine is a resident physician at Loyola University Medical Center in the Department of Pathology and Laboratory Medicine. His job responsibilities consist of various services in anatomic and clinical pathology, as well as well as teaching medical students and junior residents. He is also a guest lecturer for the in-house MLS Master of Science students.

Constantine greatly appreciates being involved with many different professional societies. He continues to be an active member in ASCLS because it was the first organization he joined back in MLS graduate school, and it represents the foundation for all of his work in the field since. He hopes to stay rooted in this foundation and remain connected to the people and the experience he is involved with today.

Constantine believes his greatest personal accomplishment in ASCLS to be participating as a panelist in a 2021 session provided by ASCLS to address the job market and landscape entitled, “Professional Opportunities with Medical Laboratory Science,” where they discussed the wide range of possible career paths from the bench to the boardroom. He also considers being nominated and considered a voice in our profession to be a personal accomplishment in and of itself.

The colleague that nominated him states, “What amazes me most about this exceptional laboratory professional is his humility and grace with promoting our profession. To do so at such a young age is truly exceptional. He is not afraid of spreading his knowledge to the world. In his short time since he graduated medical
school, he has had two TED talks where he has vocalized his passion for our profession to the world."

Constantine has two examples of what he considers his proudest achievement outside of ASCLS. The first was in the area of public/global health advocacy by addressing Zika prevention and education in the Caribbean in 2017. During this and the height of the COVID pandemic in New York and Chicago, he was a vocal advocate for safe and effective laboratory testing. His second proudest achievement was receiving the Gold Foundation’s Humanism and Excellence in Teaching Award where he was surprised when several of his students nominated him. It is an unbeatable feeling that he has been able to truly inspire part of the next generation of pathology and laboratory medicine professionals.

Congratulations, Constantine!