



ASCLS is excited to introduce the ASCLS Voices Under 40, a monthly recognition of one of our many, talented and committed young professionals under 40 years old. The ASCLS Voices Spotlight has been developed to honor ASCLS members who have shown exceptional commitment to ASCLS, the laboratory profession, and their community at large at a younger age in their professional career. Each month we spotlight one of the Shining Voices who were selected from many nominations across the country.

Please meet Kathryn Golab MLS(ASCP)^{CM} from Milwaukee, Wisconsin.

Kathryn is a Level 2 Medical Laboratory Scientist for Wisconsin Diagnostic Laboratories. As a level 2 MLS, Kathryn performs all daily bench duties along with taking on additional responsibilities to support the hematology department. She currently serves as one of the primary trainers for differentials and body fluids and is a primary resource for manual hematology, the cancer center laboratory and the bone marrow department.

Kathryn serves ASCLS in many capacities, most notably as a member of the national product development committee along with serving as a member at large on the ASCLS WI Board of Directors. Previously, Kathryn has served ASCLS WI as the communications committee chair, the National Medical Laboratory Professionals Week chair as well as the virtual meeting planning committee co-chair.

"I am motivated to keep participating and encouraging other people to participate in ASCLS because we do so much to advocate for the profession. A lot of people that I have talked to don't know what I do as a laboratory professional, and I always have my elevator speech ready to tell them about what I do. COVID has brought laboratory professionals to the spotlight giving us the opportunity to talk about our profession and advocate."

When asked what her favorite personal accomplishment has been within ASCLS, Kathryn cited winning the professional poster award in 2019. This was her first year entering a poster and her mentor Jo Anne Owens had encouraged her to participate. As this was her first year, and there were many well-presented posters, she did not have high hopes of winning. To her surprise she was named the winner and on her birthday!

Kathryn was highly recommended for the Voices Under 40 award by her peers. One of her nominators had this to say "Kathryn's communication skills, and



professional demeanor impressed me from the beginning. Organized and diligent, her lab skills grew quickly as she took on additional responsibilities very early on in her career. At the time she was the youngest staff member to be awarded Tech2 status. She is a positive influence on her peers because of her high personal standards, her positive attitude and her exceptional work ethic."

Outside of ASCLS Kathryn's proudest accomplishment was receiving a thank you email from the laboratory's compliance officer thanking her for speaking to a group of high school students about the laboratory profession. He had shared that in her 45-minute presentation Kathryn had inspired his daughter more than he had in the past 14 years. Kathryn felt this was one of her proudest moments because she knew that in three and a half years of giving these presentations, she had gotten through and inspired someone to go into the profession.